

Bow Lake Sailing RC Laser Regatta and AMYA Region 1 RC Laser Championship

Sponsored by Bow Lake Sailing, Strafford, NH
Sunday, September 13, 2026

Notice of Race (NOR)

The Bow Lake Sailing RC Laser Fleet wants to share a terrific venue and hospitality with other RC Laser skippers. This is our sixth annual RC Laser event and we welcome all AMYA-member RC Laser sailors to join us for a fun day of racing.

1. RULES

- 1.1. The event is governed by the rules as defined in *The Racing Rules of Sailing* and Appendix E.
- 1.2. No US Sailing Prescriptions apply except Appendix R and prescriptions to rules 60.3, 61.4, 67, 70.5(a), 76.1.

2. VENUE

- 2.1. Bob Shapiro's house on Bow Lake, 7 Fire Rd 144, Strafford, NH 03884. Turn on dirt road Fire Rd 14 go 100 yards. At end turn right onto dirt road Fire Rd 144. Park on right – please pack the cars in tightly. Walk past the 2-story earth toned house to the water.

- 2.2. SAILING INSTRUCTIONS - Sailing Instructions will be verbal.

3. ELIGIBILITY, ENTRY AND FEES

- 3.1. The regatta is open to all boats of the RC Laser class, with a maximum of 20 entries. AMYA membership is required.
- 3.2. The event fee is \$20 per boat. Entry fee includes racing, refreshments, lunch and trophies for the first 5 boats.
- 3.3. The deadline for entry is the day of the regatta.
- 3.4. Please register online on the AMYA regatta calendar website <https://www.theamya.org/RegattaDetail.asp?RGID=10701>
- 3.5. Or you can use the attached registration form and submit it, together with the required fee in a check made payable to Bow Lake Sailing, to Bob Shapiro, 8 Webber St, Wilmington, MA 01887 by September 6, 2026.

4. SCHEDULE

Date	Time	Activity
Sunday, September 13, 2026	0830 – 0915	Check-in, Equipment Inspection, Practice
	0915	Skipper's Meeting
	1000	First scheduled Warning
	1230-ish	Break for lunch
	1600	No new cycle of heats will start after this time
	1630	Awards / Social

5. SCORING

- 5.1. The Low Point System of Appendix A will be used, with the following races excluded from a boat's score – 1 exclusion after 4 races per boat, 2 exclusions after 8 races per boat, 3 exclusions after 16 races per boat.
- 5.2. If more than 16 boats, the fleet will be split into 3 groups at random. Each group will race 2 out of every 3 heats.
- 5.3. A minimum of 1 completed race (or cycle) is required to constitute a regatta.

6. RISK STATEMENT

- 6.1. RRS 3 states: "The responsibility for a boat's decision to participate in a race or to continue to race is hers alone." By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks.

7. PRIZES

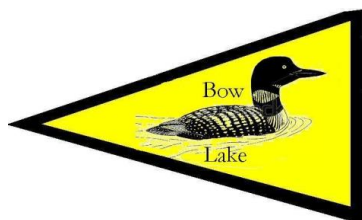
- 7.1. Prizes will be given as follows: Prizes will be awarded to the first 5 boats.

8. FURTHER INFORMATION

- 8.1. For further information please contact Bob Shapiro, finallybk@gmail.com, 978-761-3289

Additional Information

- Please arrive so that you will be ready to race immediately after the skipper's meeting.
- Depending on wind direction, venue may be switched to another location on Bow Lake at the last minute. Check your email the day before and day of the regatta.
- Housing available in local homes if coming long distance. Contact Bob Shapiro at 978-761-3289 or finallybk@gmail.com
- The Bow Lake Sailing RC Laser Fleet has loaner boats available. Please contact Bob Shapiro if you would like to race but cannot bring your own boat.



*2026 Bow Lake Sailing
RC Laser Regatta
Sunday, September 13, 2026*

Entry Form

Name: _____ AMYA #: _____

City: _____ State: _____ Phone #: _____

Club: _____ Sail #: _____

Email Address: _____

Emergency contact name: _____ Emergency phone #: _____

By signing this entry form I agree to all the terms and conditions set forth in the Notice of Race above.

By signing this form I agree that as of the date of the regatta I am a current member of AMYA.

Signature: _____

Entry Fee: \$20 cash on the day of the regatta, or \$20 check made out to Bow Lake Sailing

EMAIL this form to: Bob Shapiro at finallybk@gmail.com or mail with a check to:
Bob Shapiro, 8 Webber St, Wilmington, MA 01887 to arrive by September 6, 2026